Chapter 3: Components of Effective Team Building

The willingness to trust is based on perceptions of one another’s intentions, competence, integrity and the actions of individual team members over time (adapted from NREL, 2003c).

The key components of trust are:

1. **Benevolence**: Knowing that others hold your best interests at heart and will protect your interests.

2. **Reliability**: The extent to which individuals can depend on others to act consistently and to follow through.

3. **Competence**: Belief in an individual’s ability to perform the required tasks.

4. **Honesty**: The degree to which an individual can be counted on to represent situations fairly, truthfully, and in a morally upright manner.

5. **Openness**: How freely individuals share information with others.